



Living
Life

Loving
Life



THE TERRACES AT

CAPITOL VILLAGE

Welcoming
Neighbors

Welcoming
Friends



Welcome

Our Personalized Approach Starts With...

EXPERIENCE, EXPERTISE, & ENGAGEMENT!

We customize care so our residents can enjoy all life has to offer! The Terraces at Capitol Village means meeting wellness needs *and* providing a wealth of opportunities for personal growth through our Life Enrichment programs.

Mother's experience with The Terraces at Capitol Village has exceeded all of our family's expectations. She was nervous when we arrived to view the facility for the initial visit. While the skilled staff conducted the tour she was quiet, absorbing all the information she was receiving while checking out the spotless, beautifully appointed facility. She had questions and once answered, she simply said with no hesitation "Where do I sign?"

She's been a resident now for eight years and she's thriving at 98 with the help of professionals who address her every need. She is happy and well-cared for and thinks of the aids and medical professionals and administration as her family. She loves her home and we couldn't have hoped for more.

—The Demenchuk & Goetz Family



THE TERRACES AT
CAPITOL VILLAGE



Experience
Comfort

Residential Living

We offer a multitude of residential options and floorplans to meet individual needs and preferences, including mid and large size studios, one-bedroom, two-bedroom apartments, or our skilled nursing memory support options.

Our pricing options give residents and families choice and can include up to three meals daily in our spacious dining room, all utilities, recreational activities and programming.

Amenities included with all private residences:

- Individual climate control
- Television and Cable Services
- Walk-in showers with handy safety features
- Comprehensive maintenance
- Weekly housekeeping and laundry service
- 24/7 Emergency Response and Security System

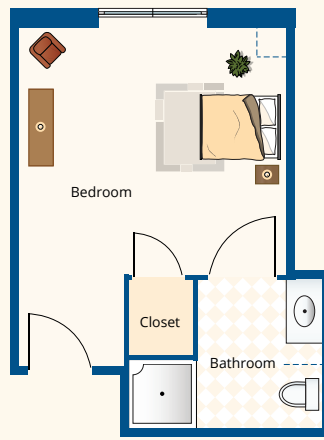
Community recreational areas include:

- Spacious Living Room Areas
- Spacious Dining Room
- Library Area
- Gym
- Movie Theater
- Game Room complete with Pool Table
- Full Working Salon
- Private Dining Room
- Fully Stocked Country Kitchen
- Activity Center
- Beautifully Landscaped Grounds

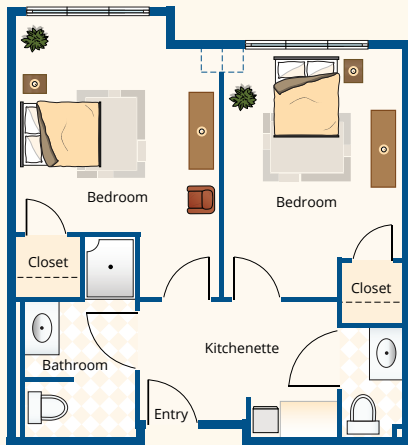


THE TERRACES AT

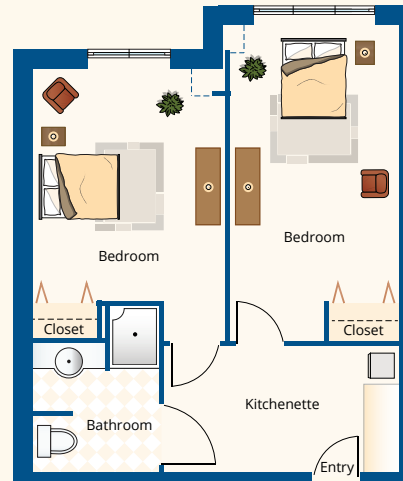
CAPITOL VILLAGE



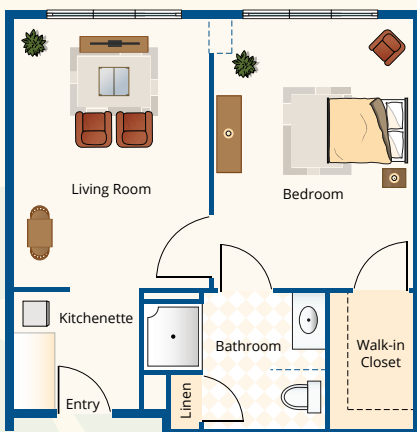
Private Studio



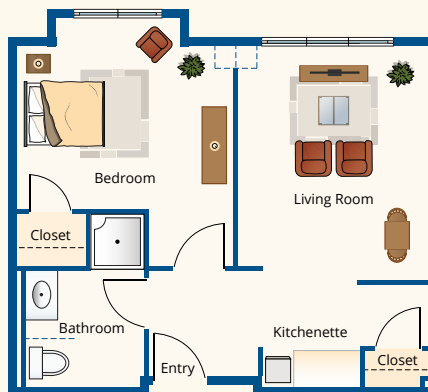
Companion A



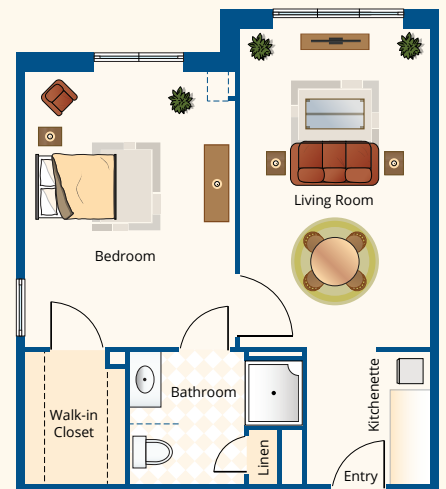
Companion B



1 Bedroom
Standard



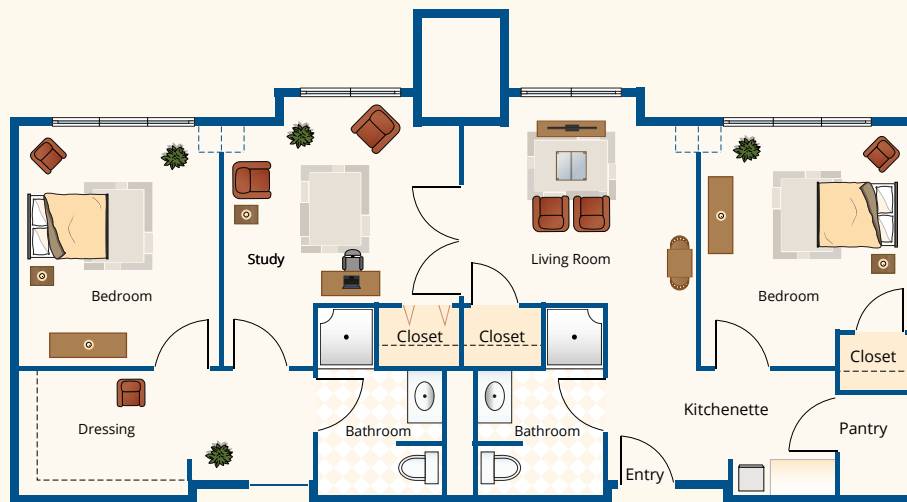
1 Bedroom
Large



1 Bedroom
Deluxe



2 Bedroom
Standard



2 Bedroom
Deluxe



Life
Enrichment

Social Wellness

Forging connections and friendships in both the surrounding community and our community is the goal of Life Enrichment programming at The Terraces at Capitol Village.

Recreational Activities and Programs include:

- Exercise Programs
- Art Programs
- Musical Entertainment
- Religious Services
- Holiday, Birthday, and Anniversary Celebrations
- Cultural Events
- Weekly Outings
- Happy Hour
- Gardening
- Barbeques



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Delectable Dining

Meals Made with Pride

Our in-house chef makes certain every meal at The Terraces at Capitol Village is a memorable dining experience. Updating our menu with fresh, seasonal favorites, and accommodating any preferences or dietary restrictions* are points of pride for our dining staff. We also provide lighter fare and snacks throughout the day at our Bistro.

THE TERRACES SAMPLE MENU

Breakfast	Eggs Cooked Your Way - <i>Served with home fries, fresh fruit and choice of toast or muffin.</i>
Lunch	Crab Cake - <i>with Premium Lump Crab, Homemade Tartar Sauce and Baked Potato.</i> Stuffed Shells - <i>with side salad and Italian bread.</i>
Dinner	Beef Medallions - <i>Served with Au Jus, roasted garlic mashed potatoes and fresh steamed baby carrots.</i> Salmon - <i>with Homemade Dill Sauce, Served with sautéed Spinach and Garlic.</i>
Dessert	Homemade Brownie Sundae smothered in rich chocolate sauce topped with whipped cream and a cherry. Warm Homemade Apple Pie, drizzled with caramel sauce, topped with a scoop of your favorite ice cream.





Expert
Care

Health & Safety

Nothing matters more to us than caring for our residents. To make sure all personal needs are met, we offer Marquis Enhanced Senior Living Care, a supervised wellness program that monitors the health, safety, and specific needs of each resident.

Our community is operated to the highest safety standards. A call alert system provides assistance whenever needed, and our 24/7 onsite care staff stand ready to help.

On-Site Health Services

- 24/7 nurses available
- Primary Care Physicians
- Medication Management
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Podiatry
- Geriatric Psychotherapist.

For residents in need of sub-acute rehabilitation or long-term nursing care, we are ready to make the transition a seamless one.



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Specialty Programs

Rehabilitation

We offer a variety of services for individuals in need of short-term rehabilitation (Sub-acute).

Among these are rehabilitation, transitional care and restorative care. Our nursing staff includes RNs and LPNs and visiting Nurse Practitioner to aid in physical progress and other aspects of rehabilitation.

Therapies include:

- Post-operative and orthopedic rehabilitation
- Physical, occupational and speech therapy
- Stimulation/ultrasound therapy
- Respiratory services
- Brain injury/post-stroke
- Intravenous therapy
- Wound care

Long-term care

We provide long-term care with a different perspective, forming enduring relationships with every person who resides or visits here. Our staff of professionals nurture residents with the undivided attention they deserve — treating everyone how we would like to be treated ourselves.



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A close-up photograph of two elderly women with white hair, smiling and embracing each other. The woman on the left is wearing a light pink top, and the woman on the right is wearing a light yellow top. A teal square with the text "Respite Service" is overlaid on the image.

Respite Service

Respite Care

Being a caregiver is often stressful and taxing. Taking a much-deserved break from the day-to-day routine of caregiving is essential to the wellbeing of caregivers.

The Terraces Respite Care Service provides caregivers with a temporary break from daily duties and responsibilities. Whether it's just a few days off, or time away for a family vacation or special event, The Terraces Respite Care team is ready to provide your loved one with exemplary care.

Respite Care also provides a great opportunity for potential residents to try The Terraces community before committing to moving in.

Respite Care Services:

- 24-Hour Support
- Medication Administration
- Daily Activities Programming
- Restaurant-Style Dining
- Housekeeping Services
- Availability of Rehabilitation Services
- Physician Support
- Laundry Services
- Weekly Outing



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Worry-Free Pricing

Our approach to “Worry-Free” Pricing is simple: No surprises, no jumps in level of care, just an all-encompassing rate, making budgeting for your loved one’s care easy!

Unlike many personal care communities who will nickel and dime residents for every care need, The Terraces at Capitol Village gives families the option of choosing our “worry-free” pricing model, which avoids all of those confusing point systems and surprise cost increases. Ask about this lease option and start your “worry-free” living today!



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Home of
Friendship

Home of
Happiness



THE TERRACES AT

CAPITOL VILLAGE

Home of
Serenity

Home of
Warmth



THE TERRACES AT
CAPITOL VILLAGE

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ENHANCED SENIOR LIVING
A MARQUIS PROGRAM